



# Park Hill News

DATE: 11TH MARCH 2020

## Jokes of the Week

**Florence: Doctor**  
Doctor I feel like a curtain.

**Doctor: Sit down and pull yourself together.**

**Blue: Why can't you write with a broken pencil? Because it's pointless**

**Luke: What do you call a chicken looking at some lettuce?**

**A chicken caesar salad**

## Picture News



### Can sportswear enhance performance?

This week we discussed the new Nike Vaporfly trainer. Nike claim that these shoes made people run a race faster during their testing. Reuben suggested that, The claims made by Nike could be false marketing and that a fast runner wouldn't need shoes to make them fast." Blue thought that, You could spend money on the trainers only to find

that they do not enhance your performance. Ziyaad agreed with this. Florence added that, Wearing these trainers in a race would give you an unfair advantage. However, Luke argued, Wearing them just for practice would be a disadvantage for when you actually run the race.

A race would be fair if everyone had these trainers but not everybody can afford them," added Natalia, to which Luke replied, If you are committed to running it would be an investment. Luke also mentioned, The fastest marathon runners of each gender in the world both wear these trainers. But Blue argued, Many of

these athletes could be wearing the trainers just to promote them. Natalia, put forward the idea that "you have to work hard and practise to build up your speed and fail to win in order to progress.

### In Conclusion

The majority of the group were skeptical about the effectiveness of the Nike Vaporfly trainers but agreed that if they do, they shouldn't be worn for competitive sport unless every competitor was wearing them. Luke thought that it should be down to personal choice if you want to invest in the trainers.

## School Council



Our new school council

In our meeting this week we discussed the importance of Lent. George explained that during Lent, "We should think of others less fortunate than ourselves." The school council decided that they would like to help people in our local community. Zoya mentioned that we could help promote the food bank in our school. The council members gave a speech in assembly about the signifi-

cance of the food bank and came up with an idea that if one child brings to school one item of food a week the food bank would benefit greatly.

**If you would like to support this cause please ask your parents to buy an extra item of food and place it in the food bank box in Reception.**

**Thankyou**